



WeaverHouse News



Summer 2012

www.weaverhouse.com

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Hi Everyone. Well, what a Summer we are having. I don't think I can ever remember a Summer as wet as this ! Lots of new faces here at WeaverHouse We have a new reception team, Christina, Gemma, and Rachel. Sadly due to ongoing complications, Marie has sadly made the decision to leave WeaverHouse. Marie has been here for many many years, but you will still bump in to her as she comes to see me at the practice at least twice a week ! Marie will be missed by so many people, especially Adam and I. We all hope Marie has a speedy recovery. We have had to pull out of many shows this year with our trade stand due to the shocking weather we are all having. The latest being the Nantwich show, which we were all really looking forward to. I really hope we do have some sort of Summer. Better late than never !!

Best Wishes

Andy, Practice Manager, WeaverHouse

Do you know our opening hours ?
Mon and Fri 8am to 6pm
Tue, Wed, Thurs 8am to 8pm
Sat 9am to 2pm

Tel 01270 629933 Fax 01270 626711 Contact us at info@weaverhouse.com

For more information please visit www.weaverhouse.com

We have launched our Canine Website, to complete our company. We now have WeaverHouse Human, WeaverHouse Equine, and WeaverHouse Canine. The resident terror, sorry terrier, Mr Toby is the face of WeaverHouse Canine ! You can see him if you go to the website page www.weaverhouse-canine.com

The back treatments for dogs is growing steadily and we felt that it would be appropriate to have a dedicated website for them and their owners. Check the website for information and please forward any question you may have via our 'contact us form'. You can of course call the practice direct or send us an e mail.

It is always great to hear from you.



****FREE BACK CHECK **FREE BACK CHECK****

Due to the massive success of our Free Back Check campaign, we have decided to make this a permanent offer for new and existing clients, their friends, and family. We have specially printed gift cards available that entitle you to offer anyone you know, a completely free back check with no obligation. The check lasts for 15 minutes, and a case history will be taken. If you would like to take advantage of this offer, please ask your Osteopath for a gift card. You can also ask one of our reception team.



Hypnotherapy at WeaverHouse

Hypnotherapy can help with a range of emotional and physical problems such as : Anxiety, Depression, IBS, Nail Biting, OCD (including obsessive thoughts), Pain, Panic attacks, Phobias and Fears, Skin Problems (such as eczema), Sleep Problems, Stopping Smoking and Self Confidence. It can also help greatly in areas such as Public Speaking and Sports Performance, as well as much more.

Marie Easom, our resident Hypnotherapist has treated many clients with great success.

Marie is offering a completely free of charge, 1 hour consultation for all new clients to WeaverHouse. You have nothing to lose! If you think Marie can help, then please call or mail us for more information and to make an appointment.



Here at *WeaverHouse* we offer many types of treatments. We always have practitioners available to answer any questions you may have. If you e mail us with a question, our policy is to get back to you within 24 hours. Our reception team are always happy to help with any questions or queries you may have.

The Benefits Of Massage

What exactly are the benefits of receiving massage or bodywork treatments? Useful for all of the conditions listed below and more, massage can:

- Alleviate **low-back pain** and improve range of motion.
- Assist with shorter, easier labor for **expectant mothers** and shorten maternity hospital stays.
- Ease medication dependence.
- Enhance **immunity** by stimulating lymph flow, the bodies natural defence system.
- Exercise and stretch **weak, tight, or atrophied muscles**.
- Help **athletes** of any level prepare for, and recover from, strenuous workouts.
- Improve the condition of the bodies largest organ-the skin.
- Increase **joint flexibility**.
- Lessen **depression and anxiety**.
- Promote tissue regeneration, reducing **scar tissue and stretch marks**.
- Pump oxygen and nutrients into tissues and vital organs, improving **circulation**.
- Reduce **post surgery adhesions and swelling**.
- Reduce **spasms and cramping**.
- Relax and soften injured, tired, and **overused muscles**.
- Release endorphins amino acids that work as the bodies natural painkiller.
- **Relieve** migraine pain.
- *Book your appointment now with our resident masseur [Lesley Wittering](#)*

Vega Testing here at WeaverHouse.....

What and who is Vega Testing good for?

Vega Testing can help to identify symptoms that may have been undiagnosed for many years such as:

- allergies,
- infections,
- poison,
- bacteria and parasites,
- stress,
- vitamin and mineral deficiencies,
- viruses, and
- chemical sensitivities

We have a lovely lady called Phillipa Newman that attends the practice on every second Thursday of each month. Phillipa practices Vega Testing and Homeopathy - if you have any questions, please do not hesitate to call reception, where you can leave a message, and Phillipa will call you back if you wish to discuss any aspects of the treatments she offers here at [WeaverHouse](#)

Homeopathy Here at WeaverHouse - How Does Homeopathy Work ?

As part of the homeopathy definition, we need to explain how it works.

As we mentioned earlier, homeopathy, which is sometimes referred to as homeopathy medicine, uses your body's own healing abilities to cure you of the cause for your ailments.

It uses specific homeopathy remedies selected for your specific circumstances. These remedies then trigger the body to go about healing itself.

Your remedies are chosen by your practitioner after a lengthy consultation to determine a complete picture of you and your ailment.

Advantage of Homeopathy

A big advantage of Homeopathy is that by stimulating the body to heal itself of your particular ailment, you are also strengthening your body so that it is also able to withstand other ailments too. Another big advantage is that you don't have to worry about any dangerous side effects like you do with prescription medicines.

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Please help yourself to a hot or cold drink whilst you are waiting for your treatment and don't forget to ask for your free back check card at reception !



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If you would like to see a particular feature on one of our many treatments offered here at [WeaverHouse](#), please contact me at info@weaverhouse.com . If you need help or advice on any of the treatments we offer please call 01270 629933 or see www.weaverhouse.com