



WeaverHouse News



www.weaverhouse.com

01270 629933

WINTER 2012

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Dear All !

As I write this part of the newsletter to you, the shortest day has come and gone, Christmas has been, and the New Year has begun. 2012 ! Things have been extremely busy here at WeaverHouse. The ice caught Marie out, and she sadly broke her wrist, however, we hope she will be back to normal very soon as she is dearly missed, by both clients and the rest of the team. Hurry back Marie ! I hope by that the time this letter is published, the new mainline WeaverHouse website will be live. Lots of thought has gone in to this, and any feedback, as always, would be very much appreciated. The time is rife for black ice, please be very careful when you are out and about. Although stilletoes look great, please watch the pavements when you are on a night out, and ladies, that includes you too !! All the very best for a fantastic 2012, Kindest Regards as always, Andy PM

Do you know our opening hours ?

Mon and Fri 8am to 6pm

Tue, Wed, Thurs 8am to 8pm

Sat 9am to 2pm

Tel 01270 629933 Fax 01270 626711 Contact us at info@weaverhouse.com

For more information please visit www.weaverhouse.com

Top tips to stay safe and healthy this Winter

- * Wear the appropriate footwear, in appropriate conditions
- * Load a blanket, drinks and boots in the boot of your car
- * Check on elderly relatives, make sure they are warm
- * Warm up properly before exercise
- * Avoid long journeys in bad weather unless necessary
- * Sprinkle salt around your property to avoid falling

Every year thousands are admitted to hospital with injuries related to adverse weather conditions. It is so very easily done. Just a little bit of caution can ensure that you stay safe this Winter !

.... and keep your pets warm too !!



****FREE BACK CHECK **FREE BACK CHECK****

Due to the massive success of our Free Back Check campaign, we have decided to make this a permanent offer for our existing clients, their friends, and family. We have had specially printed gift cards made, that entitle you to offer anyone you know, a completely free back check with no obligation. The check lasts for 15 minutes, and a case history will be taken. If you would like to take advantage of this offer, please ask your Osteopath for a gift card. You can also ask one of our reception team.



Hypnotherapy at WeaverHouse

Hypnotherapy can help with a range of emotional and physical problems such as : Anxiety, Depression, IBS, Nail Biting, OCD (including obsessive thoughts), Pain, Panic attacks, Phobias and Fears, Skin Problems (such as eczema), Sleep Problems, Stopping Smoking and Self Confidence. It can also help greatly in areas such as Public Speaking and Sports Performance, as well as much more.

Fiona Robinson, our resident Hypnotherapist has treated many clients with great success.

Fiona is offering a completely free of charge, 1 hour consultation for all new clients to WeaverHouse. You have nothing to lose! If you think Fiona can help, then please call or e mail us for more information and to make an appointment.